



**Small Group Listing
Holiday Semester
(Sunday, November 27 to Sunday, December 25, 2022)
Groups Arranged in order of Meeting Day and Time.**

	Group Name	Group Description	Type	Meeting Day	Meeting Time	Location	Contact
1.	SMB-Sunday School-North Campus	Group for middle & high school students.	Life Stage	All Sundays (except 5 th Sundays)	9am-10:30am	SMB Edu Wing	smb@myspbc.org
2.	SMB Leadership Team	Group for students who want to be leaders.	Life Stage	1 st Sunday	9am-10:30am	SMB Edu Wing	smb@myspbc.org
3.	Fusion Co-Ed Sunday Group (40s)	Group for people in their 40s	Life Stage	Sundays	11:30am-1pm	Online	grouplife@myspbc.org
4.	Man Talk 2.1	Group for men 30 to 50.	Affinity	Sundays	11:30am-12:30pm	Online	grouplife@myspbc.org
5.	SMB-Youth Ushers-North Campus	Group for middle and high school students who want to usher.	Life Stage	4 th Sundays	Noon-1pm	Online	smb@myspbc.org
6.	Encore & Prime Time Sunday Group (50s & 60s)	Group for people in their 50s and 60s.	Life Stage	Sundays	12:30pm-2pm	Online	grouplife@myspbc.org
7.	Man Talk 3	Group for men.	Affinity	Sundays	12:30pm-1:30pm	Online	grouplife@myspbc.org
8.	College Connect Link Up	Group for college students.	Life Stage	1 st Sundays, 1 st Fridays, & 3 rd Wednesdays	2pm-3pm	Various Locations	smb@myspbc.org
9.	Intergenerational Group	Group for anyone 7 and older. (Great for families, singles, married couples, etc.)	Affinity	Sundays	6pm-7:30pm	Online	grouplife@myspbc.org
10.	Cycling (Bicycle) Group	Intergenerational bicycle group for beginners. Group will meet weekly online to discuss GPS, share cycling experiences, and bicycle care.	Affinity	Sundays	6:30pm-8pm	Online	grouplife@myspbc.org

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		Group will meet in-person once or twice to ride at mutually decided, safe place.					
11.	Refiners Married Couples Small Group- Mondays	Group for Married Couples, where one spouse is 70+	Life Stage	Mondays	6pm-7:30pm	Online	grouplife@mypsbc.org
12.	Joy Choir	Children's Choir; meets virtually.	Life Stage	Mondays	6:30pm- 7pm	SPBC- North Choir Room	ImagiNATION@mypsbc.org
13.	A Place of Grace	Group for men and women that provides Bible Study using Pastor Watson's GPS (based on the Sunday Sermon), encouragement, and fellowship	Affinity	Mondays	7pm-8pm	Online	grouplife@mypsbc.org
14.	Men's Group	Group for men.	Affinity	Mondays	7pm-8:30 pm	Online	grouplife@mypsbc.org
15.	Gentle BeMoved® Dance Fitness (50+)	A SEATED dance fitness class, suitable for seniors, people with canes, walkers, wheelchairs, mobility scooters	Life Stage	Tuesdays	1pm-1:45pm	Online	grouplife@mypsbc.org
16.	Transformers Men's Group	Support group for men.	Support	Tuesdays	6pm-7pm	Online	barnabas@mypsbc.org
17.	Genealogy Group	A small group for those interested in learning more about their ancestry, Bible Study, fellowship and outreach opportunities.	Affinity	Tuesdays	6:30pm-8pm	Online	grouplife@mypsbc.org
18.	Sons & Daughters of the King Middle School Mentoring	Mentoring group for Middle School - students.	Life Stage	1 st , 2 nd , & 3 rd Tuesdays	6:30pm-8pm	SMB Edu Wing	smb@mypsbc.org
19.	Kisura & Lions of Judah	Mentoring group for high school students.	Life Stage	1 st , 2 nd , & 3 rd Tuesdays	6:30pm-7:30pm	TBD	smb@mypsbc.org
20.	Free Indeed Celebrate Recovery	A confidential addiction recovery group designed to provide hope and healing.	Support	Tuesdays	6:30pm-8pm	Online	Care@mypsbc.org
21.	Fusion Women's Group (40-49)	Women's group for Bible Study (GPS), encouragement, and prayer.	Life Stage	Tuesdays	7pm-8:30pm	Online	grouplife@mypsbc.org
22.	God Chasers Group	Group for women.	Affinity	Tuesdays	8pm-9:30pm	Conf. Call	grouplife@mypsbc.org

	Group Name	Group Description	Type	Meeting Day	Meeting Time	Location	Contact
23.	Male Chorus Bible Study	Group for men who want to join or who are already a part of the Men's Choir	Ministry	Wednesdays	6pm-7pm	Online	grouplife@myspbc.org ;
24.	Encouragement Group	Support group for members in need of encouragement.	Support	Wednesdays	6pm-7pm	Online	barnabas@myspbc.org
25.	Toastmasters Int'l - SPBC	Group for those who want to enhance and develop their public speaking skills.	Affinity	2 nd , 4 th , & 5 th Wednesdays	6pm-7:30pm	Online	grouplife@myspbc.org
26.	Married Couples Group	Group to encourage, inspire, and assist married couples of all ages.	Affinity	Wednesdays	7pm-8:30pm	Online	grouplife@myspbc.org
27.	Rewriting Your Story Support Group	Support group to learn how to gain control over your emotions. Turn the page, bounce back and move forward.	Support	Wednesdays	7pm- 8:30pm	Online	care@myspbc.org
28.	Tidy Lawn Group	Group for those who want to exchange ideas, experiences, and discuss new technology about maintaining/sustaining healthy lawns and landscapes in all seasons.	Affinity	1 st & 3 rd Wednesdays	7pm-8:30pm	Online	grouplife@myspbc.org
29.	BeMoved® Dance Fitness (50+)	A low impact dance class designed for movers aged 50+	Life Stage	Thursdays	1pm-1:45pm	Online	grouplife@myspbc.org
30.	Da Hype Youth Choir	Choir for persons in middle & high school.	Life Stage	All Thursdays (except 5 th Thursdays)	6pm-7:30pm	SMB Edu Wing	smb@myspbc.org
31.	Pursuit Bible Study for Young Adults (20-39)	Bible Study for Young Adults.	Life Stage	Fridays	7pm-8pm	Online	Lance.watsonjr@myspbc.org
32.	Ayinde Liturgical Dancers	Intergenerational dance group for men and women, ages 13 and above.	Ministry	Saturdays	8am to 10am	SPBC North	grouplife@myspbc.org
33.	Unload It All (Grief Share)	Grief Support group.	Support	Saturdays	10am-11:30am	Online	barnabas@myspbc.org
34.	Ayinde 2	Dance group for children 5 and above	Life Stage	Saturdays	10:30am-Noon	SPBC North-Choir Room	ImagiNATION@myspbc.org

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35.	Boyz Bound for Success Mentoring Group	Group for middle and high school boys	Life Stage	2 nd Saturdays	11am-Noon	TBD	smb@myspbc.org
36.	New Hope Support Group	A support group that provides biblical truths for overcoming depression and embrace hope.	Support	Saturdays	Noon-1:30pm	Online	care@myspbc.org
37.	Man Talk 1	Group for Men	Affinity	Saturdays	Noon- 1:30pm	Conf. Call	grouplife@myspbc.org
38.	Man Talk 4	Group for Men	Affinity	Saturdays	Noon-1:30pm	Conf. Call	grouplife@myspbc.org
39.	Lady Talk	Group for women.	Affinity	Saturdays	12:15pm-1:30pm	Conf. Call	grouplife@myspbc.org
40.	Living Life Together	Co-ed, intergenerational group that meets for Bible Study, fellowship, and fun. Currently studying Giving Thanks to God (from Jesus Calling series).	Affinity	1 st & 3 rd Saturdays	12:30pm-2:30pm	Online	grouplife@myspbc.org
41.	Girl Scouts (North campus)	Cadettes (Grades 6-8), Seniors/ Ambassadors (Grades 9-12)	Affinity	Varies	Varies	TBD	ImagiNATION@myspbc.org
42.	Girl Scouts (North campus)	Juniors (Grades 4-5)	Affinity	Varies	Varies	TBD	ImagiNATION@myspbc.org
43.	Girl Scouts (North campus)	Daisies /Brownies (Grades K-3)	Affinity	Varies	Varies	TBD	ImagiNATION@myspbc.org